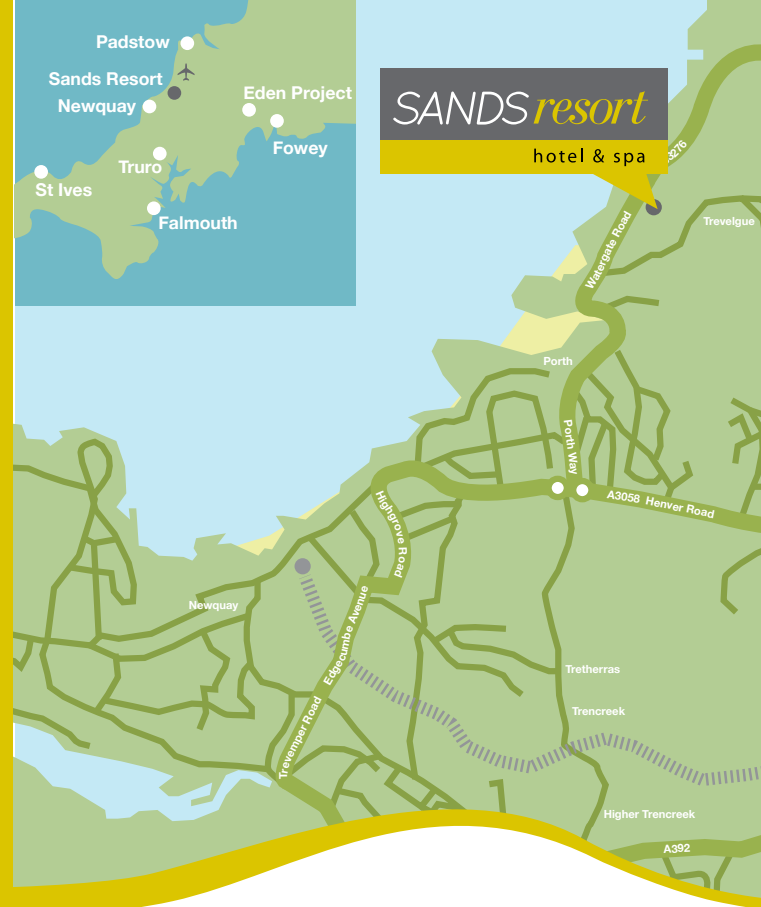




Visit Cornwall/Bob Berry



## Cornwall

**Cornwall is the UK's most popular holiday destination with good reason.**

Sands sits atop the cliffs on Cornwall's beautiful north coast, nestled between the towns of Padstow and Newquay and overlooking one of the finest stretches of golden beaches in Europe.

Padstow, St Ives, The Eden Project, cycle trails, steam railways, stunning coastal walks and great restaurants - Cornwall has everything you need for a perfect holiday.

*"We said 'WOW' so many times we lost count. We were instantly at ease, and the children were in heaven."*

Helen from Woolacombe, UK.



**01637 872864**

[www.sandsresort.co.uk](http://www.sandsresort.co.uk)

Watergate Rd, Porth, Cornwall TR7 3LX

# SANDS *resort*

hotel & spa

## Creating happy holiday memories

## Sands

**Great family holidays for both children and adults in a truly child friendly resort.**

Sands offers spacious family rooms, meal times to suit your needs, loads of activities, Kids' clubs, a Health & Beauty Spa, Swimming Pools and a Gym.

In addition to these great facilities our staff creates a relaxed and friendly atmosphere that will make you feel at ease from the minute you arrive.



## Parents

**We make sure parents can have as much “me” time as they want.**

Sit back and relax whilst the kids are having fun. Enjoy a coffee and read your book with the sound of breaking waves in the distance. Treat yourself to a massage or a facial at our “Ocean Breeze Spa” or chill out in the steam room.

For something more energetic, keep fit with a workout at our gym or challenge your partner to a game of Tennis. In the evening you also have the option to dine without children at our “adults only” dinner from 7.30pm.

Take advantage of our free baby listening service and watch the sun set over the Atlantic Ocean with a drink from our well stocked bar.

## Children

**With various play areas, kids’ clubs, hobby sessions and events, children never get bored at Sands.**

During school holidays we offer an extensive entertainment programme including clowns, magicians, a puppet theatre and more. Our kids’ clubs run 3 sessions daily and offer exciting activities for babies, toddlers and older children alike.

The beach is only a 5 minute walk away; ideal for rock pooling and crab fishing and we also provide wetsuits and body boards.

Popular family attractions are in easy reach including the Aquarium, a Children’s Farm and the Zoo.

Most of our suites have separate sleeping areas for children that are equipped with their own TV and DVD player.

## Activities

**Come rain or shine, our great selection of sports and activities will keep you busy for days.**

**Outdoors** you can play Golf, Tennis, Basketball, Football and Croquet or have fun on the adventure playgrounds, bouncy castle, maze, climbing wall and the zip wire or splash in the outdoor pool which is heated from May to September.

**Indoors** there is more fun to be had including a pool table, air hockey, Table tennis, our soft play area for toddlers and the indoor pool.

Adventure sports like Surfing, Kayaking, Abseiling and Jet skiing can be booked at nearby activity centres.

## Dining

**At Sands we offer meal times to suit all your needs.**

Each morning we serve a tasty buffet breakfast including rolls, croissants, toast, yoghurt, muesli bars, cereals and three cooked items daily.

Snacks and light lunches can be purchased from the bar and there is an option for children to take an early tea at 4.45pm each day.

Adults can dine with or without their children from 7.00pm when we offer a delicious 3-course menu with lots of choices in our restaurant. The adults only, “Quiet Dinner”, starts at 7.30pm.