

# OCEAN *breeze*

health & beauty spa



relax, unwind & refresh



At **OCEAN Breeze Spa** we predominantly use the luxury British skincare brand **ELEMIS**.

Every **ELEMIS** formula is an innovative blend of science with the chemistry of nature, carefully crafted by a dedicated team of explorers, scientists and skincare experts.

Encompassing the most powerful biological actives available from both 'above and below' the earth's surface, **ELEMIS'** meticulous attention to detail, pioneering formulas and remarkably transformative results are what truly sets their skincare apart.

## **ELEMIS** Hands on Facials

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### **FACE | TOUCH**

*The hands of a highly trained **ELEMIS** therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.*

#### **TOUCH | Anti-Ageing**

##### **ELEMIS Pro-Collagen Age Defy** **30 or 60 mins**

Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

##### **ELEMIS Pro-Collagen Definition**

##### **Lift and Contour** **30 or 60 mins**

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

##### **ELEMIS Dynamic Resurfacing**

##### **Precision Peel** **30 or 60 mins**

Clinically proven\* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

## **TOUCH** | Skins solutions

*These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.*

### **ELEMIS Peptide 24/7 Skin Sync** **30 or 60 mins**

Target tired skin with this radiance-restoring Peptide 24/7 facial. Powerful botanical formulations, exclusive to **ELEMIS**, are combined with specialist massage techniques to replenish skin with a well-rested glow.

### **ELEMIS Superfood Pro-Radiance** **30 or 60 mins**

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health. 30-minute facial also suitable for teens 13 or older.

## **FACE | TECHNOLOGY**

*The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Visibly healthy, nourished and energised skin.*

## **TECHNOLOGY** | Anti-ageing

### **ELEMIS BIOTEC Line Eraser** **60 mins**

Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven\* facial treatment that effectively irons out wrinkles and fills out lines.

### **ELEMIS BIOTEC Firm-a-Lift** **60 mins**

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

### **ELEMIS BIOTEC Skin Resurfacer** **60 mins**

This revolutionary clinically proven\* facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.

## TECHNOLOGY | Skin Solutions

### **ELEMIS BIOTEC Radiance Renew** 60 mins

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

### **ELEMIS BIOTEC Peptide 24/7 Skin Sync** 60 mins

This ground-breaking facial combines exclusive botanical formulations with a deeply cleansing ultrasonic peel for a well-rested glow. LED light therapy helps reset the clock for optimum skin wellness, whilst galvanic technology stimulates the skin for maximum results and an illuminated, wide-awake feel.

### **ELEMIS BIOTEC Sensitive Skin Soother** 60 mins

This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming anti-oxidants improve the skin's ability to repair itself. The result is calm and soothed skin. Also suitable for pregnant women.

## ELEMIS Pregnancy Massage

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*These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester.*

### **ELEMIS Peaceful Pregnancy Massage** 75 mins

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

### **ELEMIS Peaceful Pregnancy Face and Body Experience** 90 mins

Combination that gently addresses any visible effects of hormonal changes on the skin and supports it as it accommodates your baby.

### **Signature Pregnancy Back Massage** 45 mins

Using **ELEMIS** products this wonderfully nurturing back massage is aimed at giving "Mum to Be" a very special experience and taking her into a completely relaxed world.

## ELEMIS Body

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### **ELEMIS Intensely Cleansing Salt Scrub Lime and Ginger or Frangipani**

**30 mins**

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

### **ELEMIS Body Nectar Nourishing Wrap Frangipani**

**60 mins**

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.



# 100% Organic Holistic Body Treatments

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## Organic Hot Stone Massage

This massage uses smooth hot stones in conjunction with organic oils to ease away tensions within the muscles. The heat enhances relaxation, promotes detoxification and results in the body feeling serene and uplifted.

Full body **75 mins**  
Back, shoulder, leg and foot **45 mins**

## Aromatherapy Massage

The art and science of using plant essential oils and massage to encourage the body to heal itself, promoting well-being, easing tension and reliving stress. Choose between light and medium pressure.

Full body **60 mins**  
Back, neck & shoulder **30 mins**

## Indian Head Massage **30 mins**

This traditional Indian therapy practiced for over 1000 years guarantees to lift you out of the stresses of daily life. The massage targets the back, neck, shoulders, face and head, which are the energy centres of the body, where stress accumulates causing muscle pain, tension and headaches.





**Deep Tissue Back Massage** **30 mins**

A specific form of massage using a firm pressure which helps to alleviate tension, aches and pains by working deeper in the muscles.

**Indulgent Indian Head and Back Massage** **60 mins**

The ultimate experience leaving you feeling truly relaxed. This treatment combines a soothing Aromatherapy back massage followed by an Indian Head Massage to ease tension.

**Warm Bamboo Massage**

This specialised massage technique uses silky bamboo canes throughout to deeply stretch and massage the body. The unique massage releases muscle tension and tightness and improves the circulation and lymphatic flow to aid detoxification of the body.

Full body **85 mins**

Back and leg **45 mins**

**SIDE ORDERS**

Add a 15-minute spa treat to any regular spa treatment for just £15.00 per treatment.

Choose from the following:

- ELEMIS foot massage
- ELEMIS hand massage
- Scalp massage



# Beauty Treatments

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## NAILS

**Kids' Manicure or Pedicure** (4+ years) **30 mins**

Polish, file and paint

**Ocean Breeze Spa Manicure** **45 mins**

File, cuticle care, massage and paint.

**Deluxe Manicure** **60 mins**

File and cuticle care followed by invigorating hand exfoliation and nourishing mask to leave the hands feeling soft and moisturised. Choose from nail paint or paraffin wax.

**Ocean Breeze Spa Pedicure** **45 mins**

File, cuticle care, massage and paint.

**Deluxe Pedicure** **60 mins**

The ultimate pampering experience for tired feet. With foot spa soak, exfoliation, hard skin removal, mask, foot and leg massage. Choose between a nail paint or paraffin wax.

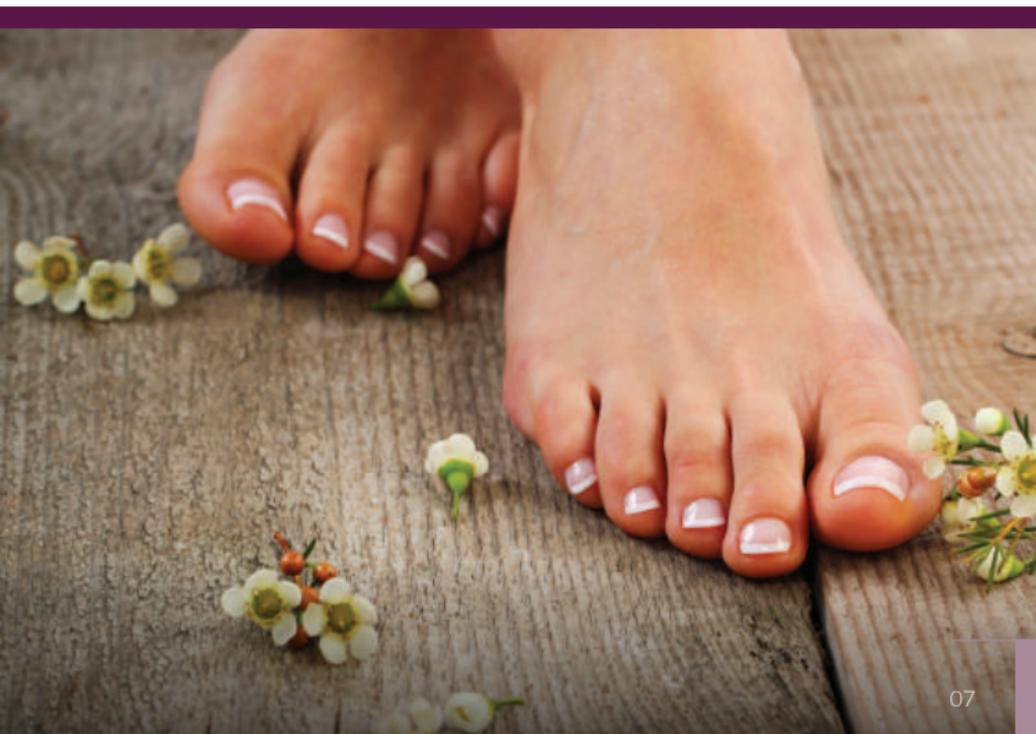
## Evo Gel

Evo is developed as a one-base-for-all system that lasts up to 3 weeks and is designed to improve air permeability, promoting overall nail health.

**Evo nail tidy + application** **60 mins**

**Evo removal + recover** **30 mins**

**Evo removal + re-application** **90 mins**



## HAIR REMOVAL

Eyebrow wax	15 mins
Lip & chin wax	15 mins
Under arm wax*	15 mins
Bikini line*	15 mins
Brazilian*	30 mins
Hollywood wax*	45 mins
Half leg wax	25 mins
Full leg wax	40 mins
Back or chest wax	25 mins

\*Add hot wax £1.50

## EYES

Eyelash tint	30 mins
Eyebrow tint	15 mins
Eyelash lift & tint	30 mins

The lash lift helps to emphasise the eyes by lifting the base of the lash upwards rather than curling it, creating a natural, wide eye look that will last for up to 6 weeks.

*A patch test is essential at least 24 hours prior to any tinting or lifting treatment.*

## TANNING

**Sienna X** spray tanning will leave your skin looking naturally tanned within minutes. Available in a variety of shades, from subtle glow to deeply bronzed.

**30-minute regular tan** (*takes 8 hours to develop*)

**30-minute express tan** (*takes 1 - 4 hours to develop*)

# Spa Days

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## Just the two of us\*

Get pampered with a friend or your partner and enjoy these special treats:

60-minute **ELEMIS** Touch Facial or Full Body Massage or Indulgent head and back massage  
2-course lunch and a glass of wine in our sea view restaurant  
45-minute use of the hot tub and heat room  
Use of robe & slippers

## Totally pampered

60-minute full body massage, 60-minute **ELEMIS** Touch Facial and 90-minute Moroccan Spa  
2-course spa lunch

## Time with your Teen \* (*Teen plus adult*)

30-minute facial or 40-minute manicure or pedicure for both.  
Use of pool (steam room for teens 16+ years)  
2-course spa lunch

**Terms & conditions:** All treatment times include consultation, treatment and after-care. Dinner option subject to availability. Please arrive 10 minutes before your treatment. Late arrivals will have their treatment shortened. Guests under 16 having treatments must be supervised by an adult. Some treatments are only suitable for adults. Some of the treatments including the The Moroccan Spa is not suitable for pregnant women. Please inform us at the time of booking if you have any medical conditions which may affect or prevent treatment, i.e. surgery in the past 12 months. If you have any concerns, please consult your doctor beforehand. A 50% deposit will be taken at the time of booking. The rest will be payable on the day. Spa days have to be paid in full at the time of booking. Treatments for one person can be cancelled free of charge if notice is given more than 24 hours before the appointment. After that we charge 50% of the treatment fee. Bookings for 2 or more people have to be paid in full at the time of booking. Cancellations for 2 or more people have to be made at least 72 hours in advance. Cancellations within 72 hours of the treatments and no shows are non-refundable. \*Not available during some school holidays.



## Price List

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### ELEMIS hands on facials

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**TOUCH** | Anti-Ageing 30 mins **£42** 60 mins **£68**

Elemis Pro-Collagen Age Defy

Elemis Pro-Collagen Definition Lift and Contour

Elemis Dynamic Resurfacing Precision Peel

**TOUCH** | Skins solutions 30 mins **£42** 60 mins **£68**

Elemis Peptide 24/7 Skin Sync

Elemis Superfood Pro-Radiance

**TECHNOLOGY** | Anti-ageing 60 mins **£78**

Elemis Biotec Line Eraser

Elemis Biotec Firm-a-Lift

Elemis Biotec Skin Resurfacer

**TECHNOLOGY** | Skin Solutions 60 mins **£78**

Elemis Biotec Radiance Renew

Elemis Biotec Peptide 24/7 Skin Sync

### ELEMIS body

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Elemis Intensely Cleansing Salt Scrub 30 mins **£44**

*Lime and Ginger or Frangipani*

Elemis Body Nectar Nourishing Wrap 60 mins **£59**

*Frangipani*

### ELEMIS Pregnancy Massage

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Elemis Peaceful Pregnancy Massage 75 mins **£75**

Elemis Peaceful Pregnancy

Face and Body Experience 105 mins **£95**

OB Signature Pregnancy Back Massage 40 mins **£49**

### 100% Organic Holistic Body Treatment

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#### Organic Hot Stone Massage

Full body massage 75 mins **£75**

Back, shoulder, leg & foot 40 mins **£58**

Full Body Aromatherapy Massage 55 mins **£59**

Aromatherapy Back, Neck and Shoulder Massage 30 mins **£39**

Deep Tissue Back Massage 30 mins **£46**

Indian Head Massage 30 mins **£33**

Indulgent Indian Head and Back Massage 55 mins **£62**

Warm Bamboo Back & Leg Massage 40 mins **£49**

Warm Bamboo Full Body Massage 80 mins **£85**

# Price List

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## Beauty Treatments

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### NAILS

Kids' Manicure or Pedicure	25 mins	£12
Ocean Breeze Spa Manicure	40 mins	£29
Deluxe Manicure	55 mins	£40
Ocean Breeze Spa Pedicure	40 mins	£29
Deluxe Pedicure	55 mins	£40

### EVO GEL

Evo Nail Tidy + Application	50 mins	£26
Evo Removal + Recover	25 mins	£15
Evo Removal + Re-application	105 mins	£30

*Book any adult Manicure or Pedicure & add Evo Gel Polish for £12*

### HAIR REMOVAL *\*Add hot wax £1.50*

Eyebrow, Lip & Chin or Under Arm Wax*	15 mins	£11
Bikini Line*	15 mins	£13
Brazilian*	25 mins	£20
Hollywood Wax*	25 mins	£22
Half Leg Wax	25 mins	£18
Full Leg Wax	40 mins	£28
Back or Chest Wax	25 mins	£20

### EYES *requires patch test 24hrs before*

Eyelash tint	20 mins	£14
Eyebrow tint	15 mins	£12.50
Eyelash Lift & Tint	55 mins	£32

### TANNING

Regular Tan	40 mins	£25
Express Tan	40 mins	£27

## Spa Days

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Just the two of us	£93
Totally pampered	£160
Teen time together (2 people)	£120

## SIDE ORDERS

Add any of the following 15-minute treatments for £15:

- Elemis Foot Massage
- Elemis Hand Massage
- Scalp massage

Terms & conditions apply.

*OCEANbreeze*  
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